

# Cécile Bastien Remy

## The Resilience Speaker



# KEYNOTES

## Resilience

### Promises:

Turn challenges, crises, and stress into a driver for lasting performance.

### Audiences:

Executive Committees, managers, and team leads.

### Bonus:

Personal resilience guide.  
Follow-up webinar/workshop.  
6-month cohort coaching.



## Authenticity

### Promises:

Silence imposter syndrome, own your worth, and amplify your leadership voice.

### Audiences:

Emerging leaders, female managers, diversity programs.

### Bonus:

Authenticity guide.  
Follow-up webinar/workshop.  
6-month cohort coaching.



Impact on resilience capacity:  
**+20%**

Team engagement:  
**+15%**

+200

7

FR + ENG

10K

100

Keynotes

Countries

Languages

Audience Max

Av. Audience

# ABOUT CÉCILE

At 21, a brutal car accident changed Cécile's path. Seriously injured, she had to rebuild her body and her identity. From this ordeal grew a deep conviction: **adversity reveals resilience, mental strength, and authentic leadership.**

Today, she helps leaders and teams turn challenges into lasting performance.

**Her mission: to shape clear-minded, aligned leaders who inspire through complexity.**

## Referrals

“Cécile captivates, blending research and practice, and leaves managers ready to act.” — P. Theytaz, Chief of Staff, Credit Suisse, Zurich

“An exceptional speaker. Cécile electrified the room. Our audience left inspired and fully energized!” — S. Martin, CEO, Risk!n Conference, Zurich

“Cécile gave our people the confidence to own their voice.” – Global Head of Communications, pharmaceutical industry, London

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